



Reclaim Your Reign

50 Appearance Ideas

1. Tap into your talents. Singer? Speaker? Artist? Cook? Volunteer or plan your own benefit
2. Host a beach or park clean-up day
3. Volunteer at a soup kitchen or food pantry- Try God's Love We Deliver and CityHarvest in NYC
4. Read to children at your local library
5. Speak to a group of students in a club or after school setting
6. Guest judge a pageant or a talent show
7. Host a pageant or community event
8. Call Congress & advocate for a cause you care about
9. Mail a card to a child in the hospital- Check out Cards for Hospitalized Kids
10. Visit a senior center to play bingo and share stories
11. Ensure a pleasant stay for those seeking medical care at the Hope Lodge and Ronald McDonald House
12. Organize a donation of food, school supplies or books at your next event
13. Host or support a holiday toy drive- Check out Toys for Tots or your local YMCA
14. Donate gently used clothes to a local shelter
15. Host a benefit event or dinner-Try a Friendsgiving for No Kid Hungry
16. Participate in a Dance-A-Thon- Join or support Children's Miracle Network
17. Volunteer at a local non-profit's office or event
18. Host a book drive or donate books to a local lending library
19. Collect purses and hygiene products for women in need-Be a Hope Angel with Purses Full of Hope
20. Participate in walk- Best Buddies, AIDS Walk, and Susan G. Komen all host events in NYC
21. Visit a children's hospital
22. Mentor a child- Big Brothers/Big Sisters, Best Buddies and Boys & Girls Club have programs
23. Participate in a winter coat drive
24. Support our veterans and fallen heroes at the Veteran's Day Parade or Memorial Day Parade
25. Prevent food waste by rescuing food in a Greenmarket Rescue- Check CityHarvest



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26. Help women in need prepare for success at Dress for Success
27. Coach for the Special Olympics
28. Walk in a charity fashion show
29. Donate goods to a local animal shelter
30. Foster an animal from your local shelter
31. Host a dress drive for the Prom Dress Project
32. Volunteer for the afternoon at your community garden
33. Deliver meals to the hungry- Meals on Wheels is a great option
34. Mentor a girl through Girls Run the World
35. Don a Red Nose for Red Nose Day to end childhood poverty
36. Participate in a NoH8 photoshoot
37. Raise funds for FEED by running in the RUN10FEED10 10K
38. Collect flipflops for Flips4Flops
39. Plant a tree in honor of Earth Day
40. Paint your nails a specific color to promote awareness of a cause
41. Send valentines to the elderly at your local senior center
42. Attend a conference to learn more about our Earth- Climate Reality and UNUSA
43. Host a trick or treat event for UNICEF
44. Volunteer with New York Angels or Miss Amazing Pageant to ensure girls with special needs have a special day
45. Participate in a benefit cycling, yoga or Zumba class
46. Shop with a mission- World's Missions Outreach, FEED, 4Ocean and Love Your Melon all have products
47. Host a bake sale for No Kid Hungry
48. Volunteer at DQ Miracle Treat Day or IHOP \$1 Pancake Day
49. Host a beach or park clean-up day
50. Pay it forward